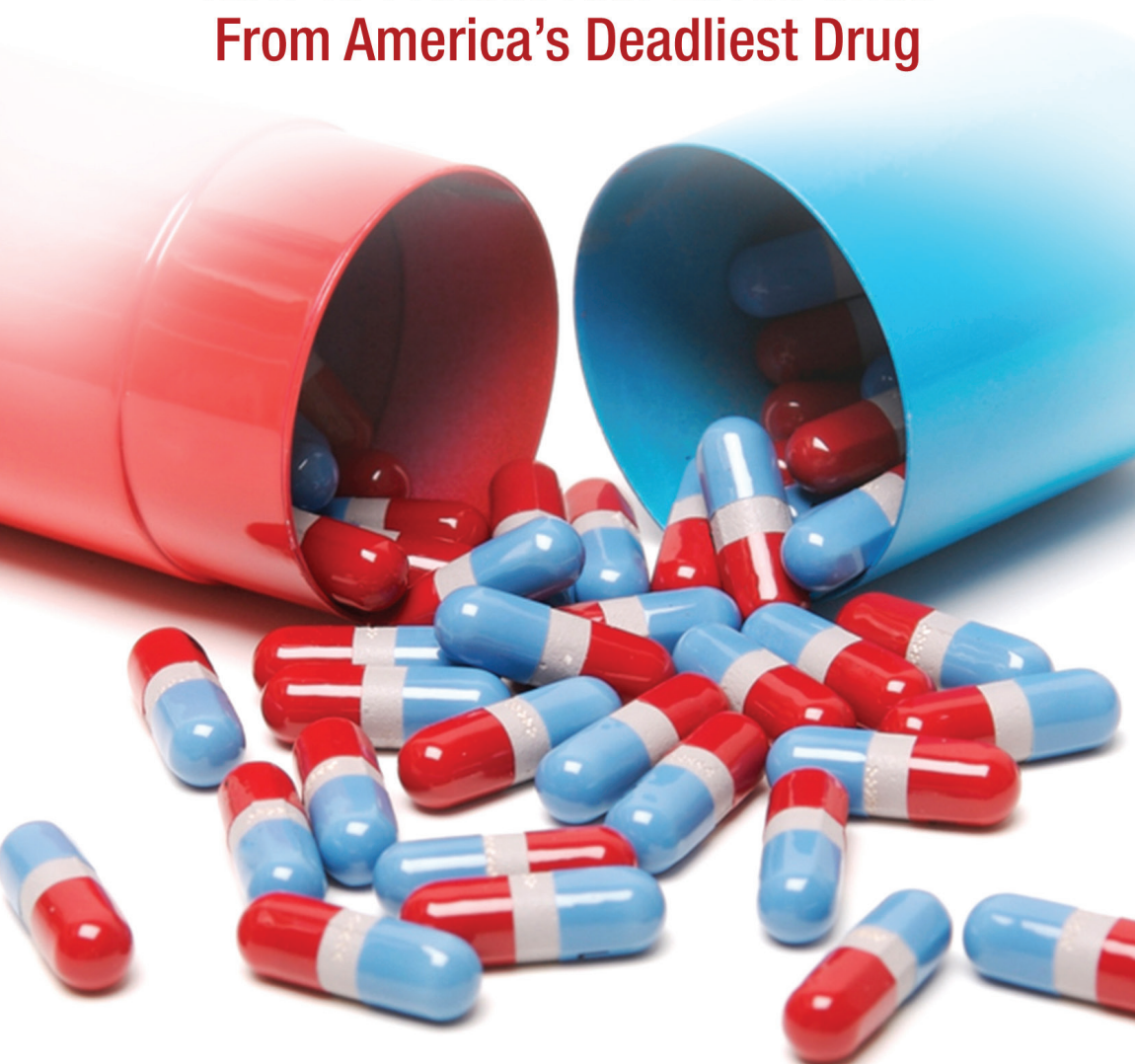


SCARRRED BY STATINS:

How To Protect Your Loved Ones
From America's Deadliest Drug



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Scarred By Statins: How To Protect Your Loved Ones From America's Deadliest Drug

One fine spring day, Dave, a 68-year-old retired NASA astronaut, took a brisk morning walk – something he did nearly every day to maintain his fitness and health.

But this day was *different*.

For one thing, he had trouble remembering where he was, even though he *always* walked the same route through the streets of his neighborhood.

And when he managed to find his way home, he was greeted by a gorgeous blonde at his front gate – someone he'd NEVER seen before.

Who was this lovely lady standing in front of his home?

He tried asking her, but in no time flat, she grabbed her phone and frantically **dialed 911**.

Six hours later, when Dave *finally came to* in the hospital, he realized that the worried beauty by his bedside *wasn't* a complete stranger after all...

It was Sheila, his loving wife...

... and shockingly, he hadn't recognized her at all.

Friend, can you imagine...

Losing years of wonderful memories in a HEARTBEAT – and with ZERO warning?

Dave knew this wasn't one of those silly movie plots where the hero suddenly has a bout of amnesia – usually, to *comic* effect.

No, this was *real life* – and was happening to HIM.

Now, this was a man who had no fear of rocketing headlong into the cosmos...
... but he was absolutely *terrified* about what was happening inside his body –
and *especially*, to his brain.

Was this random bout of amnesia something more serious?

... maybe even dementia?

But as the emergency room doctor ran down Dave's medical history...

... something unexpected happened.

Was Dave taking a certain prescription drug?

But the doctor didn't mean ANY drug – he was talking about the **best-selling class of prescription drugs** in the country.

... SO common, in fact, that **1 in 2 men over age 65 are taking it right now.**

Turns out, this best-selling drug is CRIPPLING seniors...

... and more than 13 million trusting folks are at high risk.

In fact, there's a VERY good chance that YOU'RE one of them... just like Dave.

And a lightbulb went off in Dave's head.

Turns out, there WAS something happening inside his body...

Playing havoc with his body and his memory...

Only it had might've had *nothing* to do with his **age** OR his **health**...

And it certainly *wasn't* his fault.

This was far more sinister...

You see, Dave's out-of-the-blue "dementia"... *wasn't dementia at all.*

Memory loss was a common side effect of America's best-selling drug.

And Dave had been taking it *exactly as his own doctor prescribed.*

Even more appalling...

The Big Pharma company that makes it – and makes OBSCENE profits off of it...

... **now knows that their product can do this.**

Not just to Dave – or a few unlucky folks...

But to MILLIONS of seniors across America...

... and maybe even YOU.

Friend, this is a warning you *need* to hear... before you fill your next prescription.

So let me ask you a few questions...

- Are YOU *over the age of 60, and taking 1 or more prescription drugs?*
- Has your *memory started feeling a bit fuzzy?*
- Or worse, *does your brain feel like an old battery that's almost out of juice?*
- Do your *muscles ache?*
- Do you have any *unexplained nerve pain?*

If you answered “yes” to any of these questions, there could be a VERY good reason *why*.

You see, I'm about to pull back the curtain and reveal the dark truth about this medical “mystery”... which, if you know the TRUTH, is *not very mysterious* at all.

But it could be extremely *dangerous* to your health – or even DEADLY.

And once you learn the truth, it may make you *angry as all get-out* – like Dave was, when he found out.

So I hope you're sitting down when I tell you that the culprit could be...

STATINS.

Worthless... and Dangerous

Friend, when statins hit the scene more than 3 decades ago, they were billed as the **next great medical miracle...**

... able to SLASH cholesterol levels... LDL cholesterol... and the risk of HEART ATTACK.

Yeah, and leap tall buildings in a single bound.

Truth is... **cholesterol-lowering statins may be the greatest medical FRAUD of the past 100 years.**

Conventional doctors love to prescribe statins for primary prevention – aka preventing a FIRST heart attack.

Problem is... these drugs are practically WORTHLESS for folks with *low to mod-*

erate heart risk.

A major clinical trial investigating whether *statins can prevent heart problems in seniors* – the main reason they’re prescribed...

... found they delivered **NO BENEFITS WHATSOEVER.**

Not only was there **NO decrease in the incidence of coronary heart disease** among the folks who took statins...

... they **DIDN'T live a single day longer.**

And to make matters worse... numerous studies have found that statin drugs can cause debilitating side effects – especially in older folks. These include...

- Muscle *pain*
- Rhabdomyolysis (serious or even lethal muscle tissue breakdown)
- Liver damage
- Kidney damage
- Nerve damage
- Cataracts
- Nausea, constipation, and diarrhea
- Falls

And, as Dave found out the hard way...

Stains can ALSO lead to **cognitive impairment... and dementia.**

Now, from the time that statins were introduced in the 1980s, mainstream doctors in this country and around the world have assured the public that they’re *safe*.

In fact, a prominent U.K. physician suggested that statins are *so harmless and beneficial*, they should be added to the **drinking water**. His name? Dr. John *Reckless* – friend, you truly can’t make this stuff up.

And despite the expiration of some of Big Pharma’s name brand patents – meaning that lots of folks now take the generic forms of those drugs...

... statin revenues will *skyrocket* to an astronomical \$1 TRILLION this year.

Ka-ching!

Friend, there are LOTS of reasons for statins’ *staggering* popularity and success... including a decades-long, full-court press by Big Pharma and the mainstream to

increase public awareness – and of course, FEAR.

For example, for years, Big Pharma has shelled out MILLIONS for aggressive advertising and marketing campaigns that deliver an ominous warning – essentially, *high cholesterol is a death sentence*.

Their brilliant marketing strategy was even woven into the plotlines of popular medical TV shows, like ER.

For example, in several episodes, those trustworthy ER “doctors” explained the dangers of high cholesterol to their “patients”... but reassured them that a simple pill that could easily get their numbers down – even *below* the guideline goals.

And in real life, the American Heart Association (AHA) keeps LOWERING those guideline goals – continuing to reduce the threshold for what levels of cholesterol are considered “high.”

Taking it a step further, the AHA current recommendation on cholesterol-lowering meds is that **“most patients” should take them.**

Friend, that essentially *guarantees* that you’ll end up on statins, if you’re not already – *and become a Big Pharma customer for life.*

And here’s a fact that probably WON’T surprise you...

Statins are the **#1 best-selling drugs** in the U.S. – *and have been, for more than 20 years.*

In fact, Pfizer’s blockbuster **Lipitor** (atorvastatin) is the **bestselling drug in history** – topping a **colossal \$130 BILLION in sales** since it was first approved in 1997.

Its success even wowed industry execs, who have an especially admiring nickname for it...

TURBOstatin.

Today, cholesterol-lowering drugs are practically prescribed like *candy*...

... and swallowed every day by more than **13 million Americans – including MOST folks who are over age 60...**

And the OLDER you are, the more LIKELY you take them.

A study published in *JAMA Internal Medicine* found that the oldest Americans – “super” seniors aged 79 and over – have the **HIGHEST** rate of statin use in this country.

Not only that... more than a THIRD of these older folks are taking these drugs with “little randomized evidence to guide the use,” according to researchers.

And while there’s a good chance that there’s a bottle of these pills on your medicine cabinet shelf right now...

Big Statin is pretty tight-lipped about their supposed “**benefits**”...

Why? Because as I told you, you’d be hard-pressed to find any.

And do you know what *else* the pharmaceutical companies would like to keep hush-hush?

How downright DANGEROUS these drugs can be.

Take **Baycol** (cerivastatin), for example. This popular statin was pulled off the market after patients who took it started developing *rhabdomyolysis* in droves – and more than 100 DIED.

There’s actually a very simple reason that the drug companies *don’t want you to know the real risks behind statins*...

... because it would hit them right in the pocketbook if word got out.

And what about consumer “watchdogs,” like the FDA? Why didn’t they spread the word?

Well, instead of *protecting the **public***... *our government apparently protected the **drug companies***. In a moment, I’ll explain how the FDA never mentioned *crucial* statin side effect information until just a few years ago.

But unfortunately, it was MORE than enough time to do a LOT of damage... especially, to seniors.

Friend, it’s time you learned the TRUTH.

So in the following pages, I’m going to tell you *something almost NO ONE knows*...

... about how statin makers outright HID the devastating side-effects...

... Used the medical system to potentially target seniors and sell more prescriptions...

... and left countless seniors crippled, weak, and misdiagnosed...

Still searching for answers.

But friend, as bad as this news is... and it certainly IS...

I also have some very *good* news.

You see, America's best-selling drug has an **all-natural** “twin”...

... a natural extract from sugar cane peel that's been shown to *work better* than a popular statin drug – WITHOUT any adverse effects.

No one's talking about it... but I'll share the details in a moment.

Busting the High Cholesterol Myth

But first, a warning...

The information that I'm about to divulge is explosive – and one of the *dirtiest secrets* in medicine today.

It's something that *few* members of the public are aware of... and your doctor has probably NEVER told you.

I WISH that meant that it *isn't* true.

But sadly, it IS – in fact, I've been tracking this story for YEARS.

And it all begins with the 4 words from your doctor that can change your life *forever*...

“You have high cholesterol.”

And deep down, you almost sense that he LIKES telling you that you have high cholesterol.

Because the ‘solution’ to your “problem” is to get your numbers back down to “where they should be” by putting you on a **statin** regimen – **STAT!**

For years, mainstream doctors have propped up statins as “magic” pills that will *instantly lower your cholesterol*. So it's not surprising that they dole out statins prescriptions to seniors like they're going out of style.

These docs *swear up and down* the meds will save your life.

And thanks to all of the mainstream's fear-mongering, most folks don't think TWICE about filling that prescription...

But the truth is, MANY older folks have high cholesterol levels.

And what most don't realize is that you can have “bad” cholesterol numbers... and not have ANY plaque buildup in your arteries.

You see, there's *NO scientific proof* that high cholesterol automatically leads to heart disease or death.

In fact, some studies have found that the *OPPOSITE* is true... *that seniors who have the LOWEST cholesterol levels actually have the HIGHEST risk of death.*

And worse, if you're 75 or older and *DON'T* have heart disease, *statins may actually be a very bad idea.*

Remember I told you that the statins don't help prevent a first heart attack or stroke?

Well, in a study published in the *BMJ*, researchers evaluated the data, and concluded that the *benefit of taking statins to **prevent** heart disease is small and uncertain...*

... and the RISKS just aren't worth it.

In fact, according to the researchers, statins "may be an example of *low value care* and, in some cases, represent *a waste of healthcare resources.*"

And yet... *Big Pharma is laughing all the way to the bank.*

And what about those risks?

Well, statin drugs *WILL* lower your cholesterol levels. They do this by blocking cholesterol production in your liver.

But you may be paying a *VERY* high price – with your *health.*

You see, seniors **are a LOT more likely to develop serious side effects from statins, compared to younger folks.**

Plus, older adults are often taking several *OTHER* drugs besides statins. And that can create a "cocktail" that's even *MORE* risky... for example, **taking statins AND heart rhythm drugs can be FATAL.**

But Big Pharma and conventional docs *STILL* want you to take statins to bring your high cholesterol numbers down...

... even though what looks good on paper... may have *nothing* to do with your health.

According to Yale University cardiologist Dr. Harlan Krumholz, "Chasing numbers can lead us to using drugs that *haven't* been proven to help patients. You can make someone's lab test look better *without making them better.*"

And worse, as I told you, low cholesterol levels can do more *HARM*... than *good.*

In a meta-analysis of pharma-sponsored studies on cholesterol, industry-sup-

ported researchers reached a dangerous conclusion – **LOW** is the way to go.

But in an article linked to the meta-analysis, Dr. Antonio Gotto, Jr. of Weill Cornell Medicine in New York City asked the \$64,000 question...

“Can we be sure that *very low levels are safe?*”

Well, for one thing, consider that lowering LDL cholesterol numbers into the 40s... 30s... and even the 20s can set you up for a laundry list of *horrific* health problems, ranging from **depression** and **anxiety** to **cancer** and **hemorrhagic stroke**.

And we’ve also learned that when cholesterol levels plunge **too LOW**, the risk of **depression**, **suicide**, and **violent behavior** goes straight UP.

So, Dr. Gotto, the answer to your question is a resounding “NO!”

You see, despite the fact that the mainstream has *demonized* cholesterol...

... *truth is, you can’t live without it.*

You see, your body NEEDS cholesterol to function properly.

Cholesterol provides *structure to cell membranes... supports organ function... and helps produce hormones, vitamin D, and digestive fluids.*

In fact, as Dr. Gotto points out, a baby comes out of the womb with around 40 mg/dL of LDL cholesterol, so it must be there “for some purpose and reason.”

So, why would it be safe to have adults medicating themselves down to levels LOWER than a newborn’s?

Dr. Gotto adds, “*Whether we want to go below (40 mg/dL), I think that’s still an unanswered question until we know the long-term effects of these drugs over a period of time.*”

“*The relationship between statins, for example, and increased risk of developing type 2 diabetes took 20 years to demonstrate.*”

Which makes what I’m about to tell you THAT MUCH WORSE.

You see, I didn’t want to believe that this kind of thing could actually happen in America.

But the proof is right in front of us...

That cholesterol-lowering statin drugs – the same medications hailed as “wonder drugs” by the mainstream...

Aren't just *wildly overprescribed* in America...

They're targeting – and *crippling* – seniors.

According to one source, the pharma manufacturers have KNOWN ALL ABOUT IT for more than 20 years.

In fact, even Big Pharma insiders have gone on record to confess...

... like this drug company senior representative, who admitted...

“We were all brainwashed... but I'm now certain that that the drug company redacted the side-effect data before it was analyzed by the researchers involved.”

In other words, reports suggest...

They knew statins could disrupt nerve cell signals in the brain...

...which wrecks memory.

And to add insult to injury... a prominent doctor who works with Big Pharma – and for obvious reasons, doesn't want to be named – was quoted as saying...

... “the level of collusion and financial interest in statins and the cholesterol theory are so huge that it cannot fail.”

We now know that the drug companies have KNOWN full well about statins' terrible side effects for TWO DECADES – *but kept that vital information under wraps.*

Well, keep reading... because I'm about to *unwrap* it right now.

What the Drug Companies KNEW

Friend, you can't argue with science. And the science clearly shows that statins AREN'T the *miracle workers* that Big Pharma has made them out to be.

Let's take a look at how they can WRECK your *body... your health... and your memory.*

For one thing, research has shown that statins are powerful **“mitochondria disruptors”**...

...meaning they destroy cellular energy and could leave muscles weak.

A study published in *Cell Metabolism* found that in about 1 in every 4 patients, statins can cause severe **muscle weakness, pain and cramps** – *even without any signs of tissue damage.*

Researchers found that *statins can interfere with the function of the mitochondria inside muscle cells.*

As you may remember from science class, your mitochondria are the tiny **powerhouses** inside your cells that make **ATP** – *the energy-producing compound that fuels your body's activities.*

After analyzing the muscle cells of patients suffering from *statin-induced side effects...*

... the scientists found that these patients had *significantly lower ATP levels* than members of the control group, who were NOT taking statins.

And one researcher even found that statins could give unsuspecting folks ALS (amyotrophic lateral sclerosis), the crippling nervous system illness better known as **Lou Gehrig's disease.**

In fact, folks who take statins have a whopping **50X HIGHER risk** of developing the deadly disease, which weakens muscles and gradually deteriorates physical function.

What ELSE did the drug companies know?

That statins BOOST the risk of type 2 diabetes...

... and could disrupt nerve cell signals in the brain, which wrecks memory.

Let's start with diabetes.

Now, scientists don't know exactly HOW statins can cause diabetes – but there's plenty of research to show that they DO.

Some scientists think it's because *statins* are the **ONLY** drug that *boosts the body's levels of arachidonic acid (AA)* – a chemical messenger that's released in the muscles after *irritation or injury.*

When AA levels increase, so does **inflammation.** That, in turn, can lead to **insulin resistance**, which **UPS** the risk of diabetes.

Another theory is that statins *block the pancreas' ability to secrete insulin...* which can *also* lead to diabetes.

But whatever the cause, **statins have been shown to SKYROCKET the risk of diabetes by 87 percent** in healthy patients... especially, in older patients.

To make matters worse... science has found that patients taking statins have an eye-popping **250 percent** higher chance of developing *diabetes WITH complica-*

tions, compared to folks who don't take these risky drugs.

And remember those high levels of **arachidonic acid**?

They're also behind a theory of how statins can cause **MEMORY LOSS**.

You see, high AA levels also *disturb signaling mechanisms* in nerve cells, which can **erase memory...**

Like what happened to our astronaut friend, Dave.

In 2012, the FDA issued a new safety label warning that *finally* recognized several dangerous statin side effects. These included...

- **Cognitive impairment, memory loss and confusion**
- **Increased blood sugar levels**, which can lead to **diabetes**
- **Serious liver problems**

Finally, a *glimmer* of recognition that statins aren't as safe as a basketful of kittens.

But if you ask me, that warning was *too little... too late*.

And LOTS of other folks agree.

That includes hundreds of patients who developed diabetes *after taking Lipitor...* and sued Pfizer for not putting stronger warnings on the label. More on that in a moment.

But patients aren't the **ONLY** ones crying foul... because the scientific evidence on statin side effects keeps growing.

One large study published in *JAMA Internal Medicine* investigated the link between **cholesterol-lowering statins** and **memory loss**.

Researchers analyzed the medical records of more than 11 million people who saw their primary care doctors between 1987 and 2013.

Among that group were nearly **483,000 folks** who were taking statins prescribed by their doctors.

And boy, were they paying the price... with their memories.

The folks on statins reported memory loss at **QUADRUPLE** the rate of those who *didn't* take the drugs.

Yep, Big Pharma knew **ALL** about it, because they'd conducted their **OWN** trials... *but they went out of their way to cover up the results.*

Friend, I wish I was making this stuff up... but as I'm about to show you, *it's the cold hard truth.*

And it's why most American doctors *still* don't know how dangerous statins really are.

They have no idea that “harmless” statin pills are quietly *destroying seniors' lives...*

Damaging their memory...

And even destroying their bodies.

Deception and Secrecy to HIDE the Truth

Friend, we know that most Americans are trusting...

... placing their full confidence in drugs that are supposed to be *safe and effective*, and were approved by our very own government.

But sadly, that trust and confidence *aren't* always deserved... because sometimes *greed* gets in the way.

For example, we KNOW that Big Statin doesn't care about your health... only your money.

And if you think the U.S. government always has your best interests at heart... think AGAIN.

You see, back in 2004...

Our own government asked a “cholesterol expert panel” to update America's heart health guidelines...

But it wasn't the most *impartial* panel they could have chosen.

You see, nearly ALL of those experts – a **whopping 88 percent** – had DIRECT financial ties to Big Statin.

So, what do you think they did?

Well, I believe they *lowered the “acceptable” cholesterol numbers... to help pad their coffers.*

Yes, in one of the stealthiest marketing maneuvers of the century...

Big Statin expanded their customer base almost a decade later to add **13 million unsuspecting folks...**

... including MOST adults 60 plus.

But there was a BIG problem...

You see, most of these “new patients” didn’t actually NEED the drugs.

Want to see the proof?

As famed cardiologist and industry whistleblower Dr. Aseem Malhotra explains it...

*“A flawed model of lowering total cholesterol to curb heart disease had resulted in millions being over-medicated with **statin drugs that would confer no net benefit.***

*“Meanwhile, **unacceptable side effects affected about one in five patients** taking the medication.”*

Let me repeat that...

MILLIONS of seniors are now taking statins... and receiving **NO** benefit from them.

And, even worse... 1 out of 5 could be suffering from *dangerous* side effects – with NO CLUE that the statin they’re taking is the reason WHY.

But why was there NO outrage? NO breaking news alerts? And NO front-page headlines?

The truth is... **most DOCTORS don’t know how serious this is.**

You see, Big Pharma covered it up

How do I know?

Because *all of the **drug companies’ data about statin side effects...***

...is kept locked away in a verified VAULT, inside Oxford University, England.

And they refuse to let anyone access it.

It’s kept under lock and key, and guarded by an organization called the **Cholesterol Treatment Trialists’ Collaboration** (CTTC) in Oxford University.

Friend, I know it sounds like a bad spy novel or cheesy movie plot, but it’s absolutely TRUE.

So is the fact that *volumes* of raw data from the drug companies’ statin trials are ONLY available to researchers affiliated with the CTT Collaboration.

And worse...

Collaboration members have *sworn* to keep the results of statin trials confidential...

... and outright **refuse** to share their precious information with *any independent researcher* who could sound the alarm and destroy their profits.

Stop and think about that for a moment.

The drug companies created an *impenetrable* fortress to HIDE and PROTECT the raw data concerning statins' side effects.

And that's supposed to be hunky dory?

Well, the drug companies and the CTT Collaboration sure seem to think so.

But I don't... and I don't know how they can sleep at night.

Because without **scientific transparency** – and the ability for scientists to independently analyze the drug companies' clinical trial results – there's NO WAY for doctors and patients to know statins' true benefits – and dangers.

Cardiologist Dr. Rita Redburg agrees, stating...

“Unfortunately, until all data is available and discussed with patients, millions of people taking these drugs will continue to have **far greater chance of harm** than benefit”

A 2015 study, published in the aptly named *Journal of Controversies in Biomedical Research*, tested the validity of data from statin trials sponsored by the drug companies... at least, the data that researchers could get their hands on.

They called their study, “*Beyond confusion and controversy, can we evaluate the real efficacy and safety of cholesterol-lowering with statins?*”

And they answered their own question with a resounding YES.

As the study authors concluded, “This review strongly suggests that *statins are not effective for cardiovascular prevention.*”

They added that many of the studies they reviewed were “probably flawed, and this concerned, in particular, the safety issue.”

In light of that conclusion, they had a *stern* warning for doctors considering prescribing these drugs...

“A complete reassessment is *mandatory*. Until then, physicians should be aware that the present claims about the efficacy and safety of statins are NOT evidence based.”

Based on results like these, Dr. Malhotra, the cardiologist and whistleblower I

mentioned a moment ago, *no longer prescribes statins for his patients.*

As he explains, he prescribed them for years, telling his patients they were “wonder drugs” – and that side effects were *rare.*

Today? He realizes that “Nothing could be further from the truth”...

... adding, “If the published data is to be completely trusted, *many would find statins’ effects very underwhelming.*”

“For example, if you *do not have heart disease and have not suffered a heart attack,* there is NO mortality benefit and approximately a *one in 100* chance statins will prevent a minor heart attack or non-disabling stroke.”

But despite the drug companies’ secrecy and deception, the incriminating evidence against statins continues to pile up.

In response, however, Big Statin has actually doubled DOWN... continuing to insist their cherished moneymakers are perfectly *safe* for seniors.

Well, if that’s true...

Why have the drug companies ***already paid out over \$1 BILLION in legal settlements to statin patients?***

And why have they fought more than **5,000 lawsuits?**

Thankfully, there are a few brave industry insiders who now know the truth... but they’ve been bullied by Big Statin into keeping quiet.

And while that may prevent them from telling you the uncensored truth about statins...

I feel it’s my duty as a doctor – and an American – to speak up.

That’s why I’ve revealed the dirty, damning details I’ve discovered about the **crippling side-effects** they’ve tried to cover up.

And now I want to share a few MORE of the countless horror stories from the seniors they’ve maimed...

Like Ann, a woman in her 60s:

“After taking statins for 6 months, the *pain in my legs became so severe* I was using a *cane and walker.* It has been 18 months since I took any statins and *I am still in severe pain.*

“I’ve seen *5 different doctors* who say the pain goes away once you stop the

drug, so my pain *can't* be from statins. *I don't believe that. I am still searching for help to stop the pain.*"

Or Jay, who's also in his 60s:

"After using Lipitor for more than 30 years, I developed *pre-diabetes, high blood pressure, irritable bowel syndrome, nerve and muscle pain, aggression, depression, anxiety, skin lesions, COPD, and extreme brain-fog*. Doctors prescribed medicines for all symptoms, never once mentioning Lipitor.

"Finally I had an episode where I thought I was *dying*, and quit all medicines. *I still have serious brain-fog after 2 weeks cold-turkey*. In my opinion it's pure poison!"

Or Maggie, a woman in her 50s:

"I woke up one day in *extreme leg and arm pain*. It literally was overnight. I went from walking multiple city blocks to *not being able to walk at all*. The pain was horrible, and my muscles also twitched. My body felt as if it was shutting off.

"I was told I developed chronic fatigue, but my gut kept telling me it was the pravastatin that I was taking for lowering my cholesterol. I stopped taking it after consulting my doctor. *My cardiologist knew nothing about the side effects*. I am now fine. No pain."

Or Wallis, a 63-year old woman:

"I was put on Crestor for 14 years to lower my cholesterol and experienced *aches in my legs*. Eight years ago my *knees started hurting* and I was told I had *osteoporosis and arthritis*. Five weeks ago I had to undergo a *total knee replacement* and will need to replace the other knee as well. I believe that Crestor caused the *deterioration of my knee cartilage*.

"I'm 63 and the problem started in my 50s. Nobody else in my family has had this problem – *the only difference was I was put on Crestor.*"

Or Bob G., a 70-year-old from Allentown, PA:

When Bob was told he had a higher risk for a heart attack, his doctor scribbled out a prescription for a statin and sent him on his way. But within weeks... *something strange started happening*. His **muscles ached**, and he started **losing strength in his arms and legs**.

His doctor refused to believe the new prescription was causing Bob's pain and weakness. He insisted it must be something else – and Bob should get used to

living with the pain.

But things got *worse*.

As Bob recalls, “The pain was so bad I would hang on to a kitchen work surface and weep while I tried to stay upright.”

Not long after, Bob was forced to give up the carpentry work he loved.

A year later, he was so weak and disabled – he needed a wheelchair to get around.

But his doctor STILL remained firm that it *wasn't* the drug that was causing Bob's body to break down. And to make matters worse, he prescribed strong painkillers to help Bob make it through the day.

Finally, *desperate* to find relief, Bob trusted his instincts and finally took matters into his own hands.

He found a *new* doctor who agreed to let him stop taking his statin, and weeks later... it was a miracle. Bob was WALKING again... and the PAIN was gone.

After 6 months OFF the statin, *Bob was back to normal... regaining every bit of the strength and mobility he'd lost.*

And today, at age 70, **Bob is a competitive weightlifter!**

Today, Bob is determined to share his story to help OTHERS avoid the pain and suffering he went through... saying, “I can't believe I was so disabled by these drugs. It should be a lesson to other people.”

Friend, imagine going from feeling *hopelessly weak, suffering in pain, and needing a walker or wheelchair to get around...*

...to being PAIN-FREE...

...letting your wheelchair collect dust in the garage...

...and getting a *second chance at really LIVING again.*

And it's NOT by *starting* any special protocol or treatment – **but by STOPPING a dangerous one.**

So if YOU'RE taking *any kind of statin...*

...and you've experienced any of the warning signs, like Dave, Bob, or any of the other trusting seniors who saw their health, well-being, and independence slipping away.

Like *unexplained memory loss...*

... debilitating muscle weakness...

... or agonizing pain...

You have every right to protect yourself.

Because if you think that the statin makers are looking out for your best interests, THINK AGAIN...

... especially, before you fill your next prescription.

Of course, I would *never* tell you to make ANY change to your medications or healthcare without talking to YOUR doctor first.

But I firmly believe it's your right to know the truth... because HE may not.

And I want you to be armed with all the facts when you go to his office.

You see, many doctors DON'T bother keeping up with the latest scientific evidence.

Instead, they just follow the "guidelines"... without knowing that they're based on research written by scientists with financial ties to Big Pharma.

But you *don't* have to play into their hands. Because I'm about to tell you how you CAN fight back and protect your heart, your health, and your independence – *without drugs.*

“Sweet” Natural Treatment Works as WELL as Statins – WITHOUT the Risks

Now, while cholesterol *isn't* the primary cause of heart disease... it *does* play an important role in coronary health. So any good program for reversing heart disease must address that as well.

So if you're worried about your cholesterol, a family history of heart disease, or having a stroke...

... and the news about statins makes you understandably nervous...

I have good news.

I'm talking about the **all-natural powerhouse I mentioned earlier – one that busts up bad cholesterol** even BETTER than those dangerous drugs... *and a LOT more safely.*

In fact, it's SO potent, it **BEAT a popular statin drug** when scientists compared

them side by side.

And while the popular drug pravastatin was shown to lower LDL cholesterol by **19 percent** – the natural peel extract **dropped LDL a full 24 percent!**

That's 23 percent better than the statin.

There's even more...

Because unlike the drug... **mean values of HDL cholesterol were significantly increased by 13.6 percent after treatment with policosanol, compared to a 4.7 percent increase after treatment with pravastatin.**

This natural extract had **NO** damaging side-effects.

Friend, now you may be wondering if ingesting a compound from sugar cane will **SPIKE** your blood sugar levels.

Well, I've got **MORE** good news... it *won't*.

You see, while policosanol comes from the same plant that produces table sugar... *this sugar cane secret DOESN'T affect blood sugar levels* in the body.

But it **DOES** dramatically lower cholesterol levels. And there's plenty of science to prove it.

But first, let's talk about what policosanol actually **IS**... and **HOW** it helps kick cholesterol to the curb.

Policosanol is actually a group of long-chain alcohols that are extracted from the waxy coating of sugar cane.

Scientists first discovered this hard-working extract in Cuba in the early 1990s. Since then, it's been approved as a cholesterol-lowering drug in over **25 countries** throughout the Caribbean and South America.

But **NOT** in the U.S. – after all, Big Pharma can't *patent* or profit from sugar cane, so they hope the public **NEVER** finds out about this potent compound. That might put a dent in the hefty revenues they're pulling in from statins.

Well, sorry, Big Pharma – I'm about to pull back the curtain right now.

What the Science Shows

I'll start by telling you about **HOW** policosanol helps reduce cholesterol and protect heart health.

For one thing, studies have found that policosanol **BLOCKS the body's pro-**

duction of cholesterol in the liver.

At the same time, it helps **BREAKS down LDL (“bad”) cholesterol**... and may help HDL – or “good” cholesterol – work even better.

Policosanol has also been shown to **INHIBIT** the activity of an enzyme called **HMG-CoA**, which is necessary for cholesterol production.

Other studies have proven that policosanol **BLOCKS serum cholesteryl ester transfer protein (CETP)**, an enzyme that helps control HDL and LDL levels. LOWER levels of CETP result in *higher* HDL and *lower* LDL.

And studies on rats have shown that this policosanol makes **blood platelets less “sticky”**... and that goes a long way towards reducing blood clots.

And saving the best for last...

This special sugar cane peel extract BEAT the popular drug **pravastatin** (Pravachol) in a head-to-head clinical trial.

The study, published in *Current Therapeutic Research*, compared the safety and effectiveness of **policosanol** and **pravastatin** on 24 patients with *hypercholesterolemia* – aka *high cholesterol*.

Researchers randomly split the group in two, giving half **10 mg of policosanol**, and the other half, **10 mg of pravastatin**, which they took every day for 6 weeks.

Friend, let’s just cut right to the chase...

When the study was over, the natural treatment came out *on TOP*.

For one thing, policosanol **REDUCED bad LDL cholesterol a full 23 percent BETTER** than the statin drug.

Plus, the lucky participants who were assigned policosanol enjoyed a healthy **14 percent BOOST** in their good HDL cholesterol.

Compare that to the statin group, whose *HDL rose just a measly 5 percent*.

And what about *side effects*?

Turns out that the **ONLY adverse effects** were reported by members of the STATIN group...

... who experienced *nausea, dizziness, abdominal pain, and pruritus (severe itch)* after taking the drug.

It’s clear... this sugar cane extract is **TOUGHER** on cholesterol and **BETTER** for

your body.

Friend, statin makers will **PANIC** when this news gets out.

But that's just the beginning... because I have MORE science to send them shivering.

In a clinical trial, published in *Gynecological Endocrinology*, researchers investigated whether policosanol was **safe, tolerable, and effective** at lowering cholesterol, compared to placebo.

Turns out it WAS – on all 3 counts.

For the randomized, double-blind, placebo-controlled study – the gold standard of clinical trials – researchers recruited **244 post-menopausal women** with HIGH cholesterol levels.

They were chosen for the study because they'd previously followed a standard lipid-lowering diet for 6 weeks – but **STILL** had HIGH levels of both bad **LDL (low-density lipoprotein)** and **total serum cholesterol**.

Researchers randomly split the group in half, giving the test group **5 mg of policosanol** daily for 12 weeks, and then doubling their dose to **10 mg daily** for another 12 weeks.

The other group took a placebo for 24 weeks.

And when the study was over, the difference between the two groups was like *night and day*.

Compared to the placebo group, the women who took policosanol **REDUCED their total cholesterol by 16.7 percent...**

... and saw their **bad LDL levels PLUNGE by more than 25 percent**.

Not only that... the policosanol group **BOOSTED their good HDL cholesterol by 29.3 percent**.

And to make those results even sweeter... the natural sugar cane extract caused **NO** damaging side effects.

How to Get Policosanol for YOURSELF

Friend, I'm sure by now you're wondering how to find policosanol... and how to make it work for YOU.

This potent supplement is available at most drug stores, health food stores, and online retailers, including puritan.com and amazon.com.

The typical study dosage is **10 mg of policosanol per day**.

But first, a few words of caution.

Please **do not start any new supplements or discontinue any prescription drugs** without first consulting your doctor.

Also, please be aware that policosanol can *interact* with **blood-thinning drugs**, so if you're taking **Warfarin** or any other blood thinners, please *speak with your doctor to see if policosanol is right for you – and if so, what the proper dosage should be*.

“Tomato Pill” Cuts Stroke Risk in Half

Friend, while I have your attention, I want to clue you in on *another* healthy, natural wonder...

... a surprising “refrigerator secret” shown to SLASH stroke risk in HALF.. *without dangerous drugs*.

In an English study, **just a pinch** of this ingredient was shown to widen the blood vessels of heart disease patients... by a full **53 percent**.

Better yet, you don't even have to search far to find *Nature's most powerful artery opener*.

Simply open the door to your fridge... I bet it's in there right now.

What is it?

Well, remember those jokes that anti-Reagan liberals made back in the '80s about ketchup being called a vegetable?

Looks like the joke is on THEM.

Turns out that good old ketchup contains a *remarkable* compound – so powerful, you could even call it a *super vegetable*!

It's called **lycopene**.

Now, you may have heard that this potent antioxidant can reduce the risk of aggressive prostate cancer.

But that's just the beginning... because what researchers have discovered about lycopene and its powers is nothing short of *miraculous* – *especially*, what it can do for your **heart and blood vessels**.

In fact, it could even be the key to *getting off blood pressure meds* – or *never starting them in the first place*.

You see, researchers from the University of Cambridge found that the lycopene in tomatoes is *so potent*...

... *it can significantly improve vascular system functioning in HEART DISEASE patients.*

In a study published in *PLOS One*, researchers investigated the effects of lycopene on patients with cardiovascular disease.

These were folks on regular doses of drugs – including statins – but whose blood vessels still weren't working normally.

And that's *very* dangerous... because blood vessel constriction is a major factor in **strokes AND heart attacks**.

Researchers recruited 36 heart disease patients and 36 healthy volunteers, and randomly divided all 72 participants into two groups. One group received **7 mg of lycopene**, and the other, a placebo, which they took every day for 2 months.

Both before and after the study, researchers measured the participants' forearm blood flow – the gold standard of blood vessel function.

And when the study was over, the “tomato pill” blew the researchers away.

Turns out that lycopene not only *improved blood vessel function* in the heart disease patients– it *normalized* it...

... **WIDENING** the patients' blood vessels by a whopping **53 percent**, compared to both baseline AND placebo.

And here's the amazing part... what separates the real foods and compounds Mother Nature gave us from **risky drugs** created in a laboratory.

You see, the lycopene **DIDN'T** widen the blood vessels of the healthy folks in the study. So it seems to work **ONLY** when the body needs it.

Another study on more than 1,000 Finnish men in their mid-to-late 60s found that those with the **HIGHEST** levels of lycopene had a **55 percent lower risk of stroke** than those with **LOW** levels.

And that brings me back to ketchup.

The lycopene in tomatoes becomes even more potent – and easier for your body to use – when it's pureed, like the tomatoes in ketchup.

In fact, just a **tablespoon** of this super condiment gives you almost **3 mg** of lycopene. That's close to **HALF** the dose the researchers used in their study.

So just incorporating some tomato products into your daily diet could be *all it takes* to STOP your doc from nagging you about taking Lipitor or other dangerous meds.

As for high blood pressure drugs... well, you can throw a tomato at them as well.

In a study out of Israel, researchers found that a daily dose of lycopene helped patients with high blood pressure REDUCE their systolic pressure – the top number — by **10 points**...

... and their bottom (diastolic) number by **4 points**.

And that's a heart-saving "vegetable" that everyone can agree on.

How to Get Lycopene for YOURSELF

Friend, ketchup is an excellent source of lycopene, so by all means, add this condiment to your shopping list – but shoot for an organic brand. That's because organic ketchup has been found to have **57 percent more lycopene** than non-organic varieties.

You can also find lycopene in many red-hued fruits and vegetables, including **tomatoes (preferably cooked), watermelon, grapefruit, papaya, guava, sweet red peppers, persimmon, asparagus, red cabbage, and mangos**.

But to make sure you get the therapeutic dosage, I recommend taking a lycopene supplement.

You can find lycopene at most drug stores, health food stores, and online retailers, like lifeextension.com and amazon.com.

The typical dosage is **10 - 30 mg**, twice a day.

Again, always speak to your doctor before taking this or any other supplement.

